

## march 2010

Activities written  
In Script held at  
Chapel by the Sea  
100 Chapel Street

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>Tai Chi 9am</b> Aerobics 8:30 <b>Bridge 1pm</b> YOGA 6pm at Diamond Head	2 Bocce 9am Line Dance 9am Cards 10am Pizza 12pm Duplicate Bridge 6:30 Zumba 6:30	3 Aerobics 8:30 YOGA 7:30am at Diamond Head <b>POT LUC k</b> 12:00	4 <b>Tai Chi 9am</b> <b>Begin Bridge 1pm</b> Cards / Dominos Pickle Ball 10am <b>Bridge 6:30</b> Zumba 6:30	5 Aerobics 8:30  <b>Twins 10am</b>	6 Yoga 8am at Diamond Head Sr. Zumba 9:30am <b>Jersey Boys</b> 1pm
7	8 <b>Tai Chi 9am</b> Aerobics 8:30 <b>Bridge 1pm</b> BOWLING 1pm YOGA 6pm at Diamond Head	9 Bocce 9am Line Dance 9am Cards 10am Pizza 12pm <b>Twins 10am</b> Duplicate Bridge 6:30 Zumba 6:30	10 Aerobics 8:30 YOGA 7:30am at Diamond Head	11 <b>Tai Chi 9am</b> <b>Begin Bridge 1pm</b> Cards / Dominos Pickle Ball 10am <b>Bridge 6:30</b> Zumba 6:30	12 Aerobics 8:30  <b>Biking</b> 9am	13 Yoga 8am at Diamond Head SHRIMP PARADE  Sr. Zumba 9:30am
14 <i>Relatively Speaking 6pm</i>	15 <b>Tai Chi 9am</b> Aerobics 8:30 <b>Bridge 1pm</b> YOGA 6pm at Diamond Head	16 Bocce 9am Line Dance 9am Cards 10am Pizza 12pm Duplicate Bridge 6:30 Zumba 6:30	17 Aerobics 8:30 YOGA 7:30am at Diamond Head	18 <b>Tai Chi 9am</b> <b>Begin Bridge 1pm</b> Cards / Dominos Pickle Ball 10am <b>Bridge 6:30</b> Zumba 6:30	19 Aerobics 8:30	20 Yoga 8am at Diamond Head Sr. Zumba 9:30am  <b>Relay for Life</b>
21 HOMERUN DERBY Bay Oaks Proceeds: Relay for Life	22 <b>Tai Chi 9am</b> Aerobics 8:30 <b>Bridge 1pm</b> BOWLING 1pm YOGA 6pm at Diamond Head	23 Bocce 9am Line Dance 9am Cards 10am Pizza 12pm Duplicate Bridge 6:30 Zumba 6:30	24 Aerobics 8:30 YOGA 7:30am at Diamond Head	25 <b>Tai Chi 9am</b> <b>Begin Bridge 1pm</b> Cards / Dominos Pickle Ball 10am <b>Bridge 6:30</b> Zumba 6:30	26	27 Yoga 8am at Diamond Head  Sr. Zumba 9:30am  <b>Twins 10am</b>
28	29 <b>Tai Chi 9am</b> Aerobics 8:30 <b>Bridge 1pm</b> YOGA 6pm at Diamond Head	30 Bocce 9am Line Dance 9am Cards 10am Pizza 12pm Duplicate Bridge 6:30 Zumba 6:30	31 Aerobics 8:30 YOGA 7:30am at Diamond Head		Program Coordinator Laurie Satalino 560-7807 <a href="mailto:laurie@fortmyersbeachfl.gov">laurie@fortmyersbeachfl.gov</a> or Irma Divine 513-520-0615	

Emergency 911  
United Way 211  
Elder Help line  
1-866- 413 - 5337  
Elder Abuse  
1-800-962-2873  
Senior Solution  
332- 4233  
Dr Piper Center  
332-5346  
Beach Town  
Hall  
765-0202  
Beach Library  
765-8162  
Beach Pool  
463-5759  
Beach Fire Dept  
463-6163  
Good Wheels  
768-2900

